

# Session One

Getting to the Heart of Behavior



Above all else,  
guard your heart,  
for it is the wellspring  
of life.

Proverbs 4:23

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Matt | 15:17-20

Mark | 7:20-23

Luke | 6:43-45



Behavior

(say and do)

# Activities of the Heart

## Mind

Think

Remember

Know

Discern

Store things

See

Meditate

Ponder

# Activities of the Heart

## Emotions

Fear

Grieve

Love God & others

Hate

Lust

Pride

Rejoice

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# Activities of the Heart

Will

Seek God

Give

Repent

Believe

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# Behaviorism Evaluated

1. Real need is not addressed

2. False basis for ethics

3. The heart is wrongly trained

4. The gospel will not be central

5. Shows our idols of heart

control      pride      ease

convenience      fear of man

# HEART DIRECTS BEHAVIOR



Matt. 15:17-20

Luke 6:43-45

Mark 7:17-23

↓  
Behavior  
(say & do)

Ungodly behavior

Attitude



Behavior

Fighting



Godly behavior

Attitude



Behavior

Sharing



What our kids say and do flows from the heart. Prov. 4:23

Behavior can never be understood in isolation from the heart



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Matt. 15:17-20

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(say & do)

Ungodly behavior

Attitude

↓  
Love of self

Behavior

↓  
Fighting

Godly behavior

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↓  
Love of others

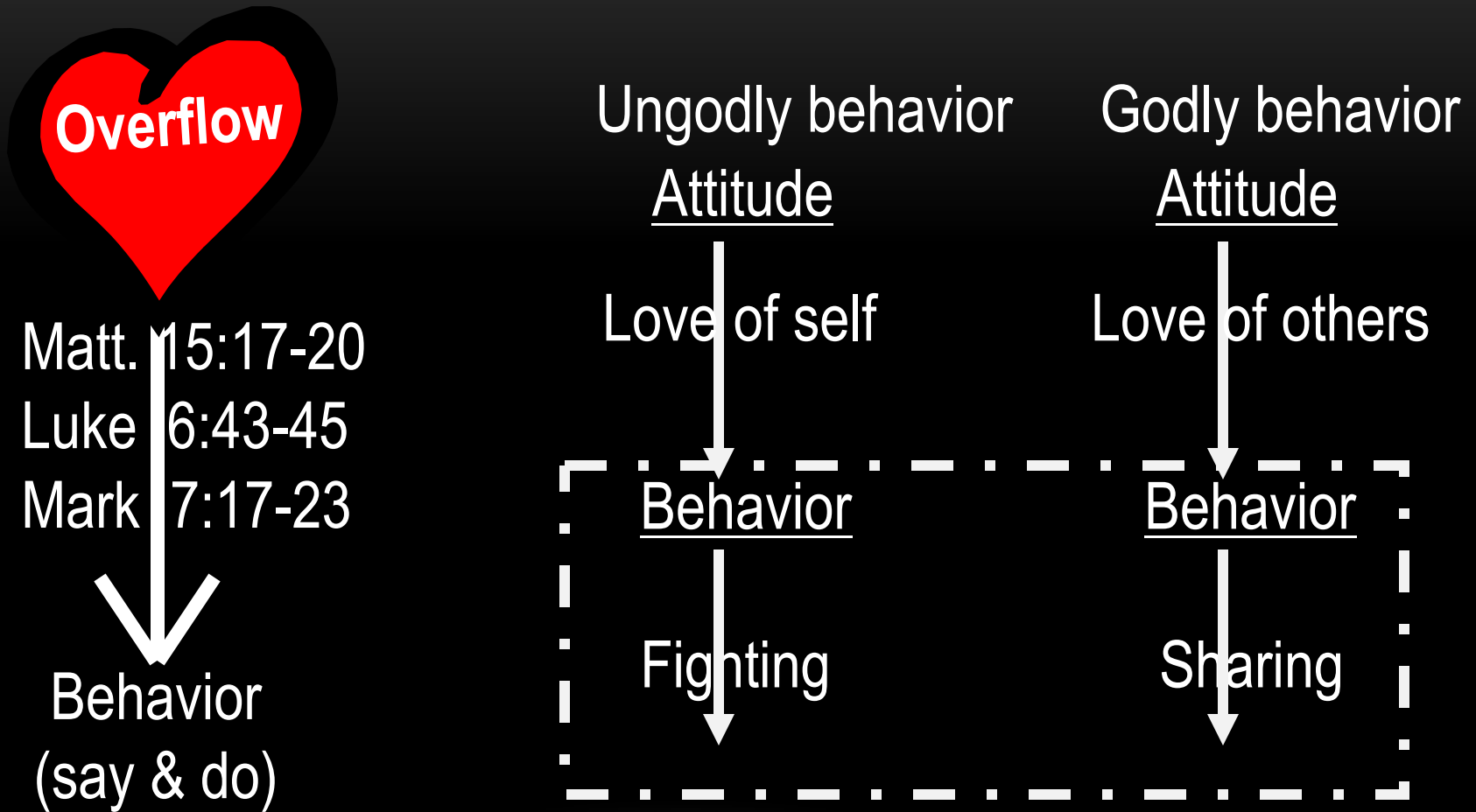
Behavior

↓  
Sharing

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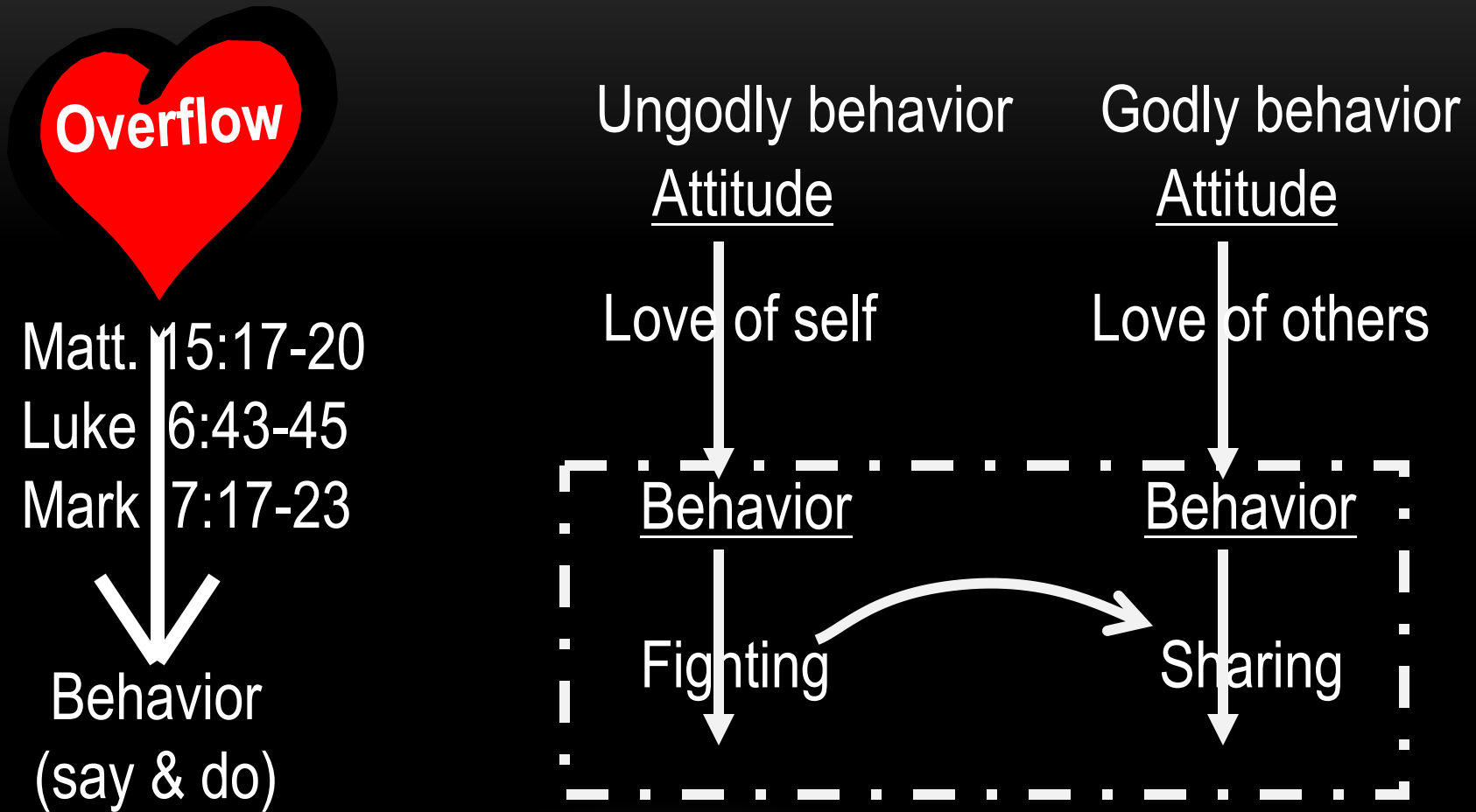
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# HEART DIRECTS BEHAVIOR



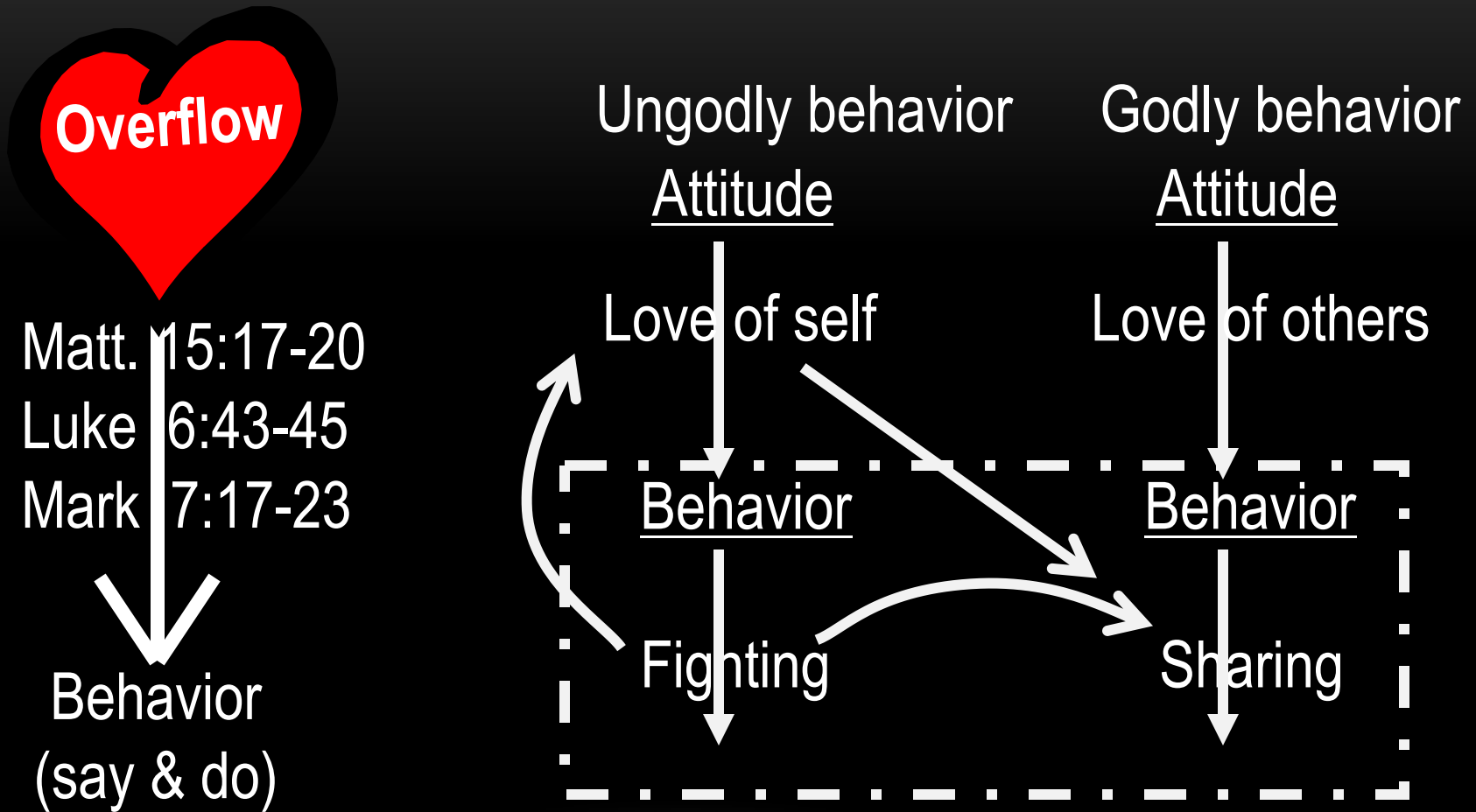
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# HEART DIRECTS BEHAVIOR



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Behavior  
(say & do)

Ungodly behavior

Attitude

vengeance

fear of man

pride

love of self

self-preservation

fear

covetousness

envy

hatred

anger

bitterness

approval

anxiety & fear

rebellion

Godly behavior

Attitude

entrusting self to God

fear of God

humility

love of others

laying down life

perfect love

generosity

good of others

love

peacemaking

forgiveness

God's approval

peace & contentment

submission

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Love of self

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Godly behavior

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Love of others

↓

Behavior

↓

Sharing



↑

repent  
faith

→